

NIOSH Innovations in the Mining Health and Safety Landscape

Improving Miner Health from research to practice

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Safe mines - Healthy workers

Joseph A. Holmes Safety Association
Holmes Mine Rescue Association

Joint Meeting
June 18-20, 2019
Virginia Beach, VA



NIOSH focuses on the study of worker health and safety



President of the United States



Department of Health and Human Services



Centers for Disease Control and Prevention



National Institute for Occupational Safety and Health

NIOSH Mining Program

- Office of Mine Safety & Health Research
- Pittsburgh Mining Research Division
- Spokane Mining Research Division

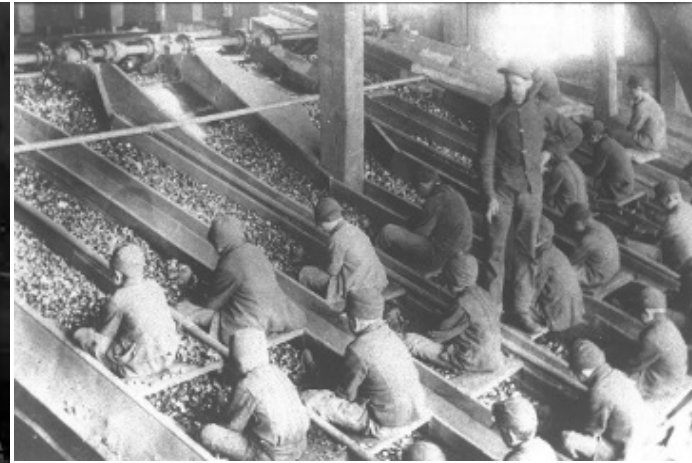
- 15 Divisions, Labs, Offices & Programs in 8 locations
- 10 industry sectors
- **Create new knowledge** in the field of occupational safety and health and **transfer it into practice** through:
 - Research
 - Surveillance
 - Field investigations
 - Guidance/recommendations
 - Engineering Controls

NIOSH works closely with other federal agencies



The USBM was established in 1910 to address the poor safety record of coal mining

- Challenging
- High Risk
- Back-breaking
- Labor intensive
- Rudimentary safety equipment



31,671 coal mining fatalities
1839-1900

1907 – The Deadliest Year in US Coal Mines

3,242
fatalities

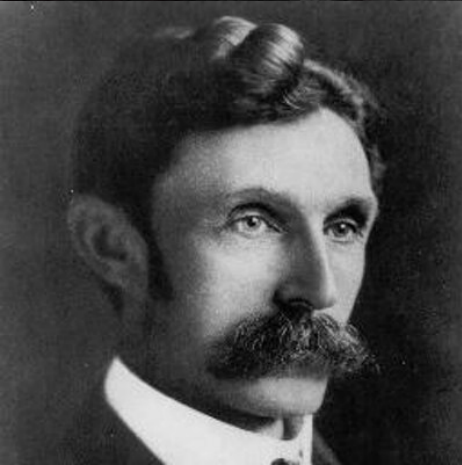
911
from gas
or dust
explosions

Bloody December
692 miners died in
explosions



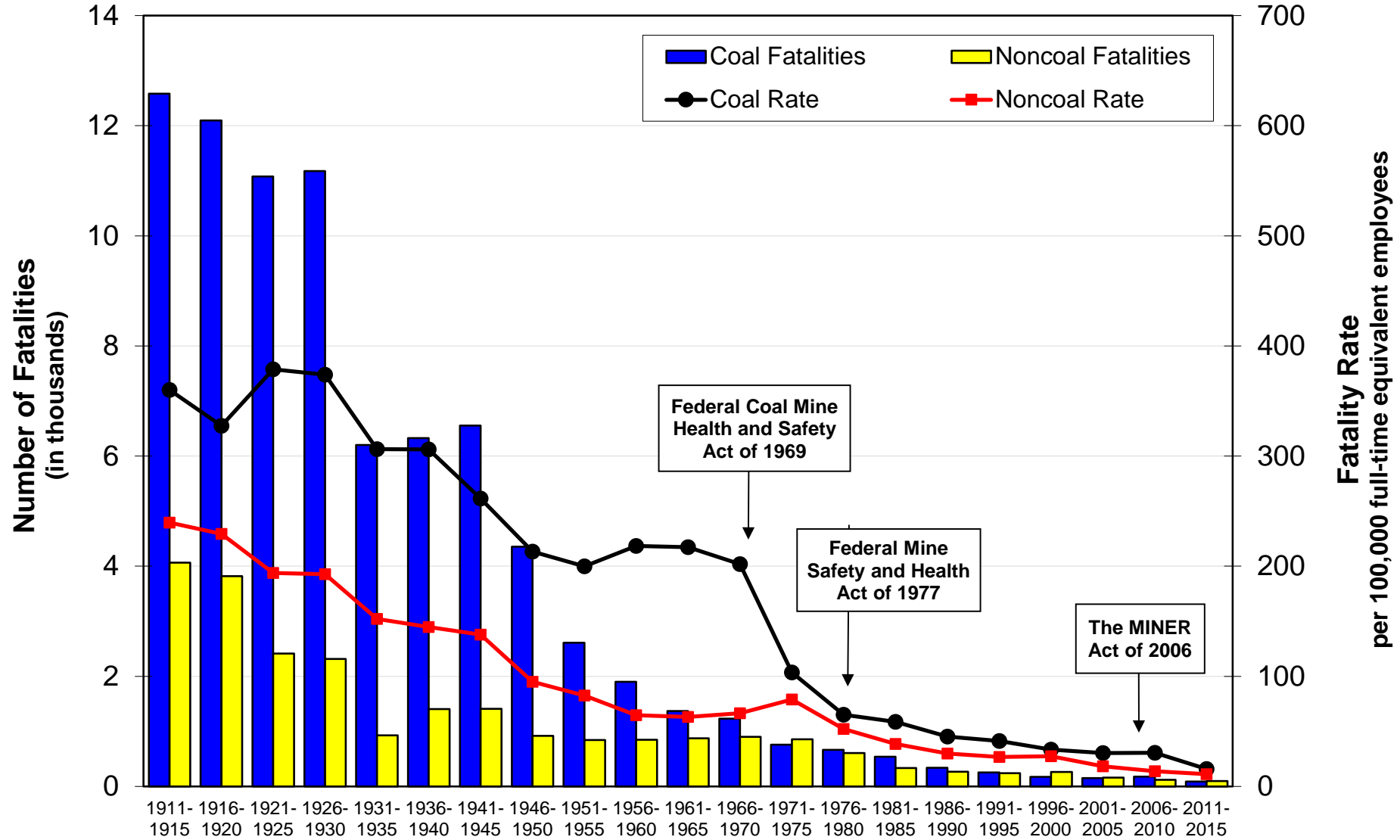
21,407 fatalities in the US coal industry between 1900 - 1909

Joseph A. Holmes appointed as the first director



Joseph A. Holmes

Number of fatalities and fatality rates (5-year aggregates) in the mining industry by sector, 1911-2015



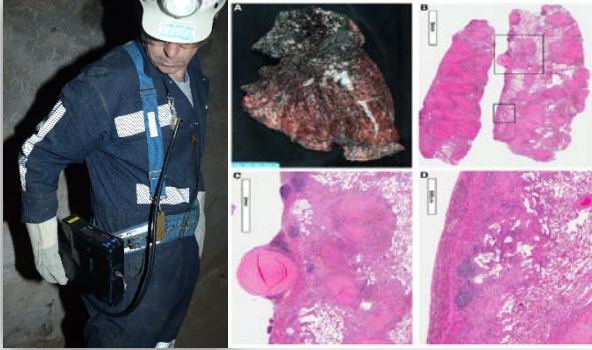
NOTE: Excludes office employees. Noncoal includes metal, nonmetal, stone, and sand & gravel operations. Sand & gravel miners included starting in 1958. Hours for 1911-1923 computed on assumption that weighted average length of workday was 9.36 hours. Full-time equivalent employees (2,000 hours = 1 FTE employee). Data source: USBM and MSHA

The NIOSH Mining Programs' mission is to eliminate mining fatalities, injuries and illnesses through relevant research and impactful solutions.



Safe mines - Healthy workers

Our research portfolio addresses 3 overarching strategic goals



Health

Reduce mine workers' risk of **occupational illness and disease**



Safety

Reduce mine workers' risk of **traumatic injuries and fatalities**



Disaster
Prevention

Reduce the risk of **mine disasters** and **improve survivability** of mine workers

Our research portfolio spans a broad range of focus areas

Reduce occupational illness and disease

- Diesel Assessment & Control
- Respirable Dust Assessment & Control
- Noise and hearing loss
- Thermal Stress
- Chronic Disease Surveillance
- Ergonomics & Musculoskeletal Disorder Prevention

Reduce injuries and fatalities

- Health & Safety Management Systems
- Training Research & Development
- Illumination
- Ground Control
- Electrical, Battery & Machine Safety
- Blasting Practices
- Safety Culture
- Cognitive Workload
- Human Centered Design

Disaster Prevention & Response

- Atmospheric Monitoring & Control
- Refuge Alternatives
- Breathing Air Supply
- Communications & Tracking
- Emergency Response & Rescue
- Self-escape
- Explosion Prevention
- Fire Prevention & Control
- Ventilation

We serve all sectors of the mining industry



Coal
(surface & underground)

Employees*
55,168 (25%)

Metal
(surface & underground)

Employees
38,151 (17%)

Stone
(surface & underground)

Employees
68,606 (31%)

Construction Sand & Gravel
(surface)

Employees
36,484 (16%)

Industrial Minerals
(surface & underground)

Employees
24,971 (11%)

* # of Employees, 2017, Data Source: MSHA

Research to practice improves mine worker health and safety by providing science-based practical solutions

Health



Respiratory Hazards

Safety



Slips, Trips & Falls



Respiratory Hazard Surveillance, Monitoring & Control

identifying, understanding, eliminating

Mining has a high prevalence of occupational respiratory disease and exposures



Coal dust

- 78,620 black lung deaths in 1968-2016
- \$46 billion in black lung benefits

Respirable crystalline silica (RCS)

- Mining listed on more (28.1%) silicosis death certificates than other industries



Diesel particulate matter

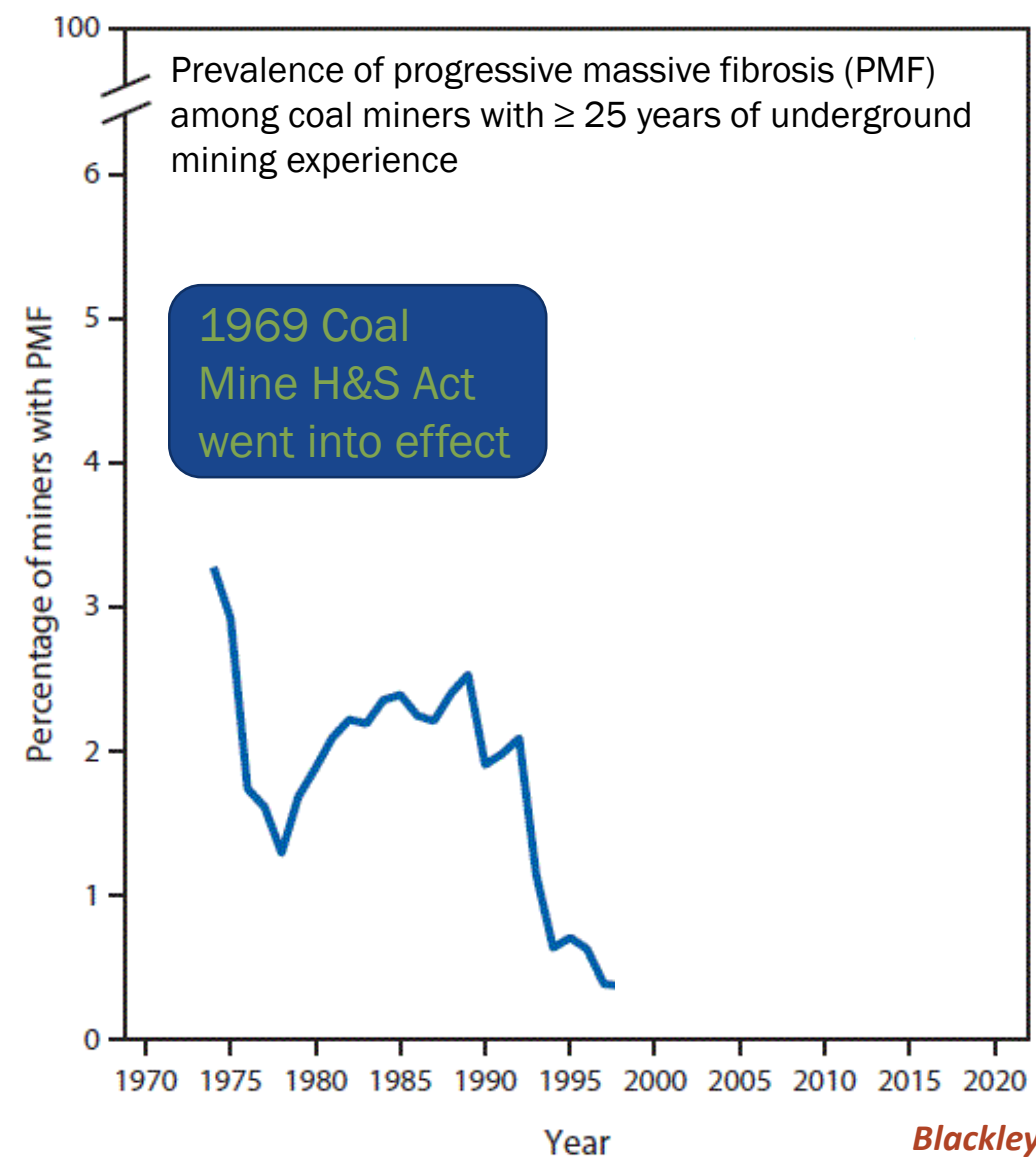
- Linked to lung cancer and other disorders
- 15,000 underground coal miners and 13,000 M/NM miners are exposed



Elongate Mineral Particles

- 10% of M/NM mines from 1979-2015 exceeded the NIOSH REL (0.1 f/cc) for asbestos (NY, MN, CA)

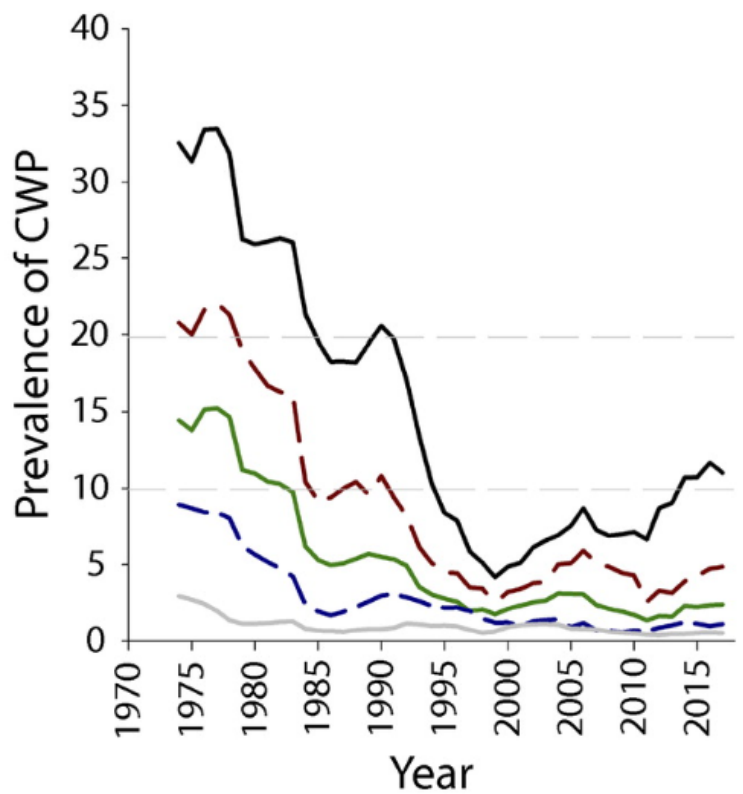
Black Lung is on the rise according to data collected through the NIOSH Coal Worker's Health Surveillance Program



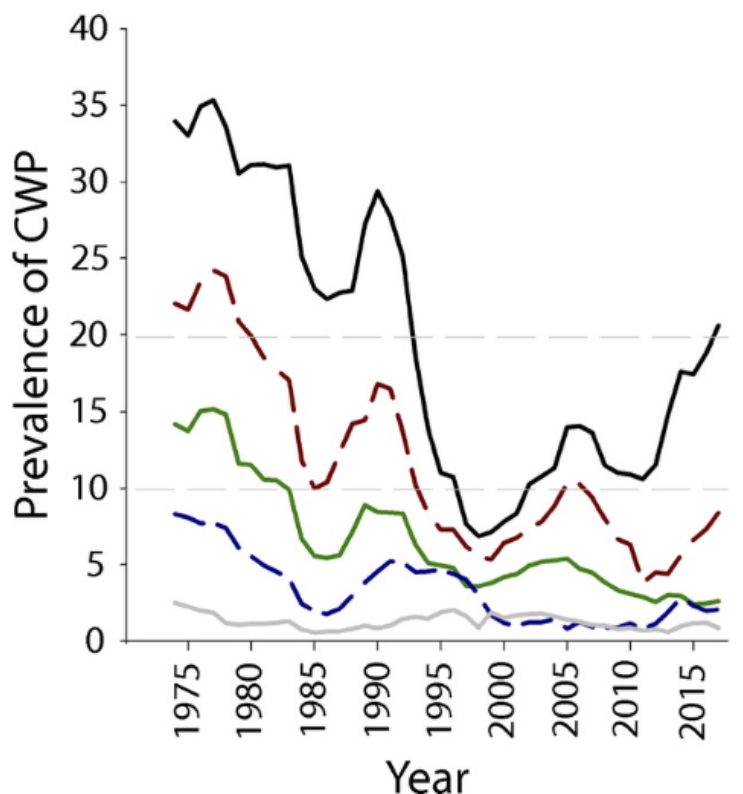
Blackley DJ, Crum JB, Halldin CN, Storey E, Laney AS. 2016. MMWR. 2018;65(49).

The highest prevalence of CWP is in central Appalachia (KT, VA, WV)

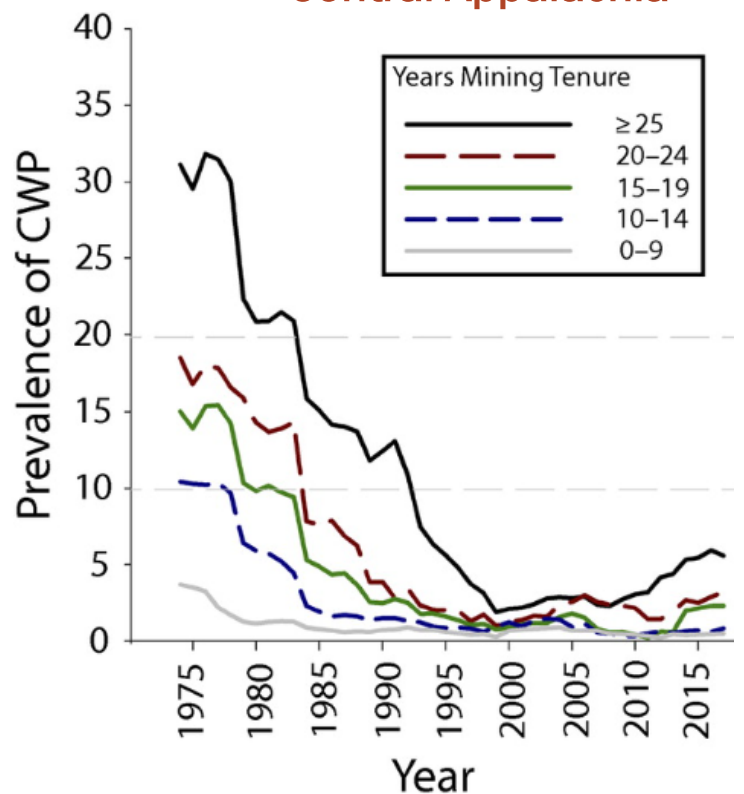
United States



Central Appalachia



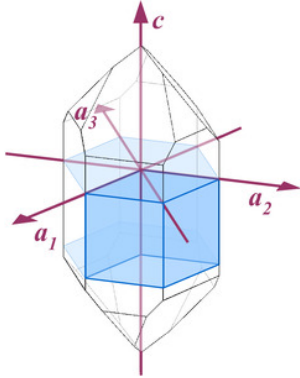
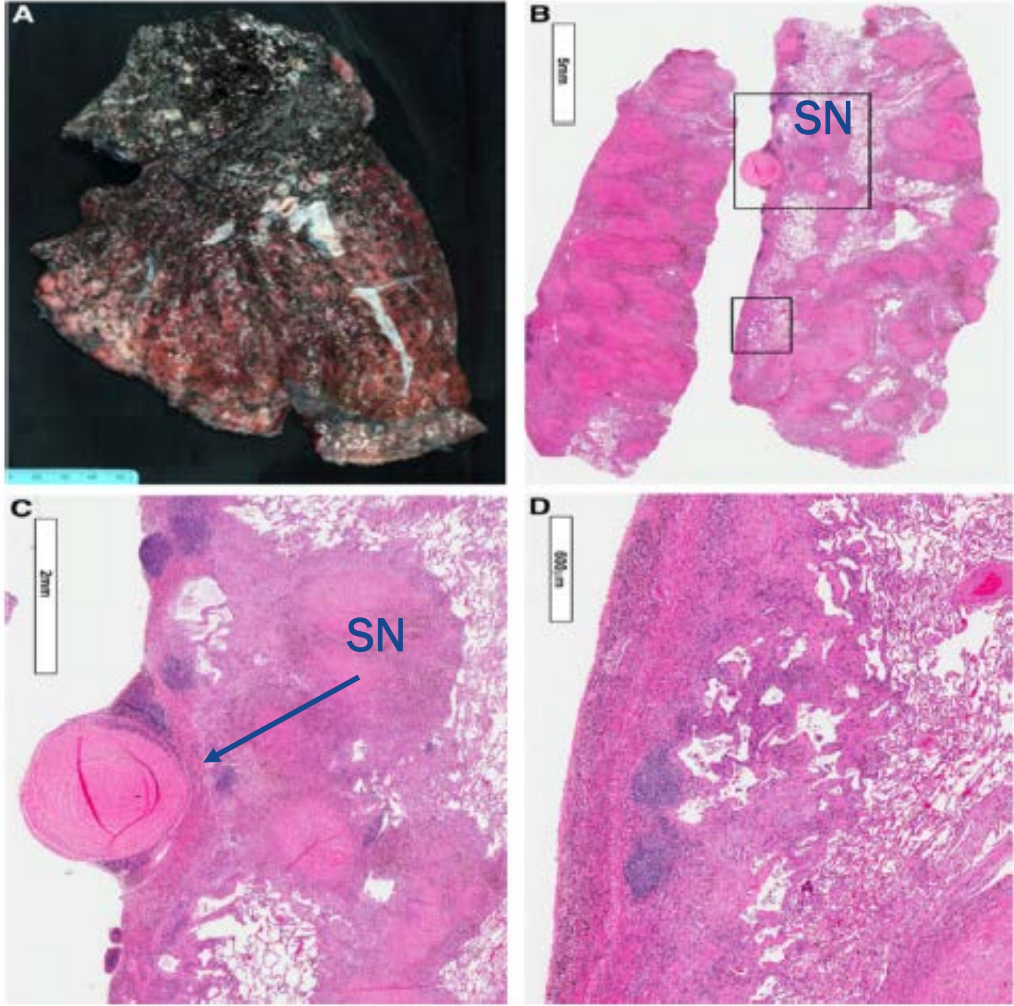
United States Excluding Central Appalachia



Coal Workers Health Surveillance Program 1970-2017

Note. Central Appalachia includes Kentucky, Virginia, and West Virginia. Data are the 5-year moving average. Surveillance is conducted on a 5-year national cycle.

Quartz may play a role in the resurgence of Black Lung

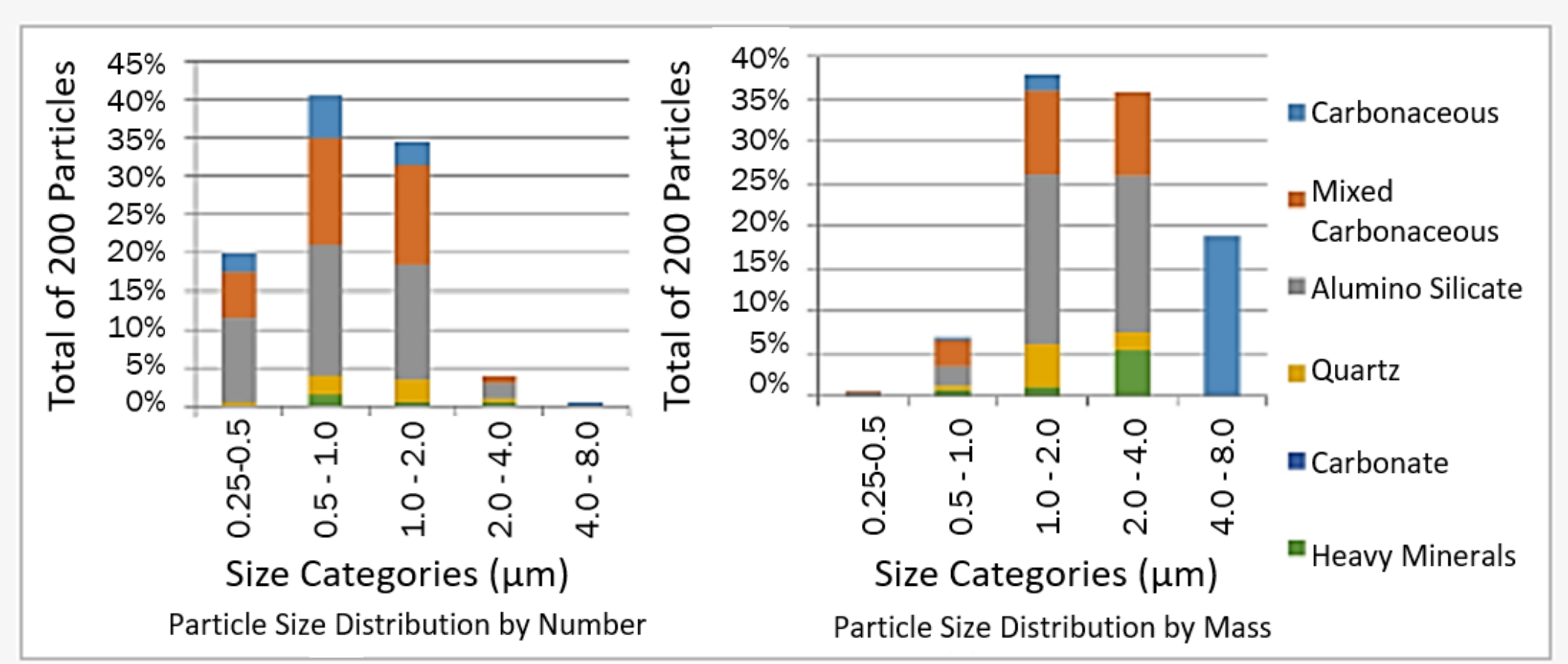


quartz

SN – Silicotic Nodule

Cohen et al., 2016. American Journal of Public Health.

Coal mine dust contains many different types of particles



Sellaro R, Sarver E and Baxter D, 2015. Resources 2015, 4, 939-957

Health Study (1996-1997)

8 Surface Coal Mines Surveyed in Pennsylvania

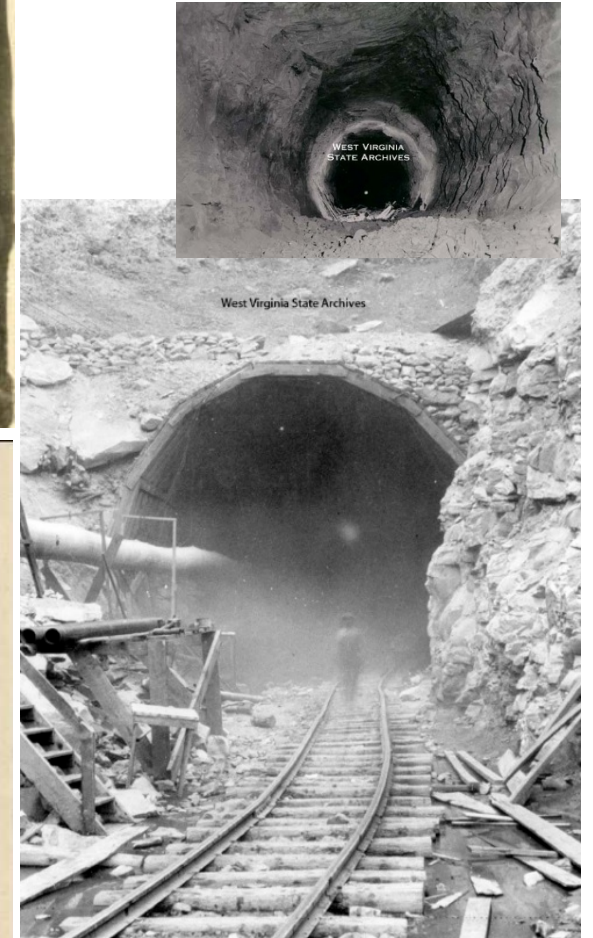
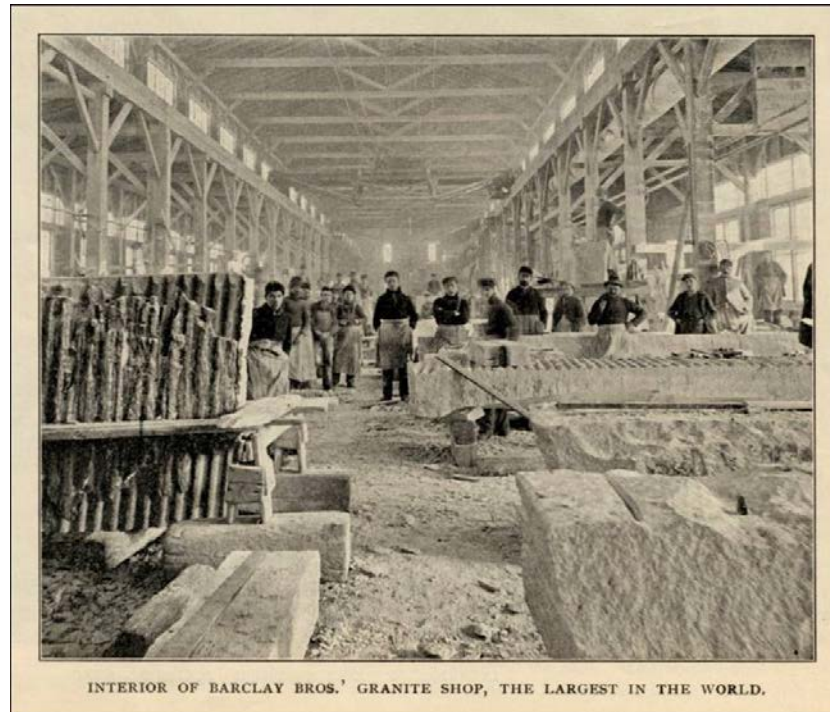
- 1,236 miners participated: **6.7%** classified with silicosis
- 213 (Clearfield County): **16%** classified with silicosis



*Centers for Disease Control, 2000, Silicosis screening in surface coal mines – Pennsylvania, 1996-1997.
“Morbidity and Mortality Weekly Report, July 2000, Vol. 49, No. 27, pp. 612-615.*

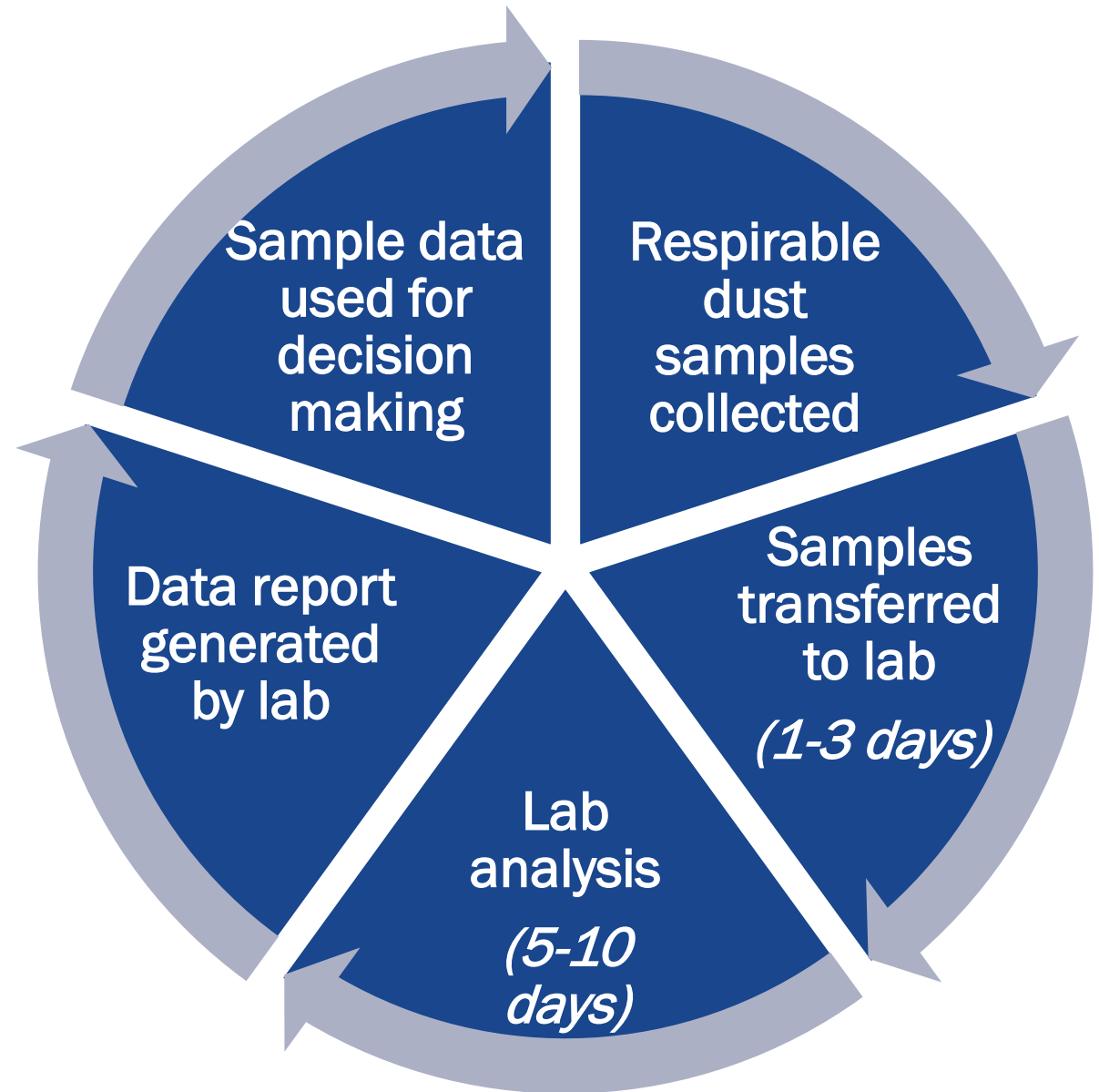
Silicosis Outbreaks

- **1910 to 1913** - 46% (3,700 miners) of Missouri lead miners found to have silicosis
- **1919** - 93% of Vermont granite workers (427 miners) found to have silicosis/1924 - 100% showed early signs silicosis within 4 years.
- **1933** - 476 deaths from Hawk's Nest Tunnel Project: workers died from silicosis drilling this tunnel in West Virginia



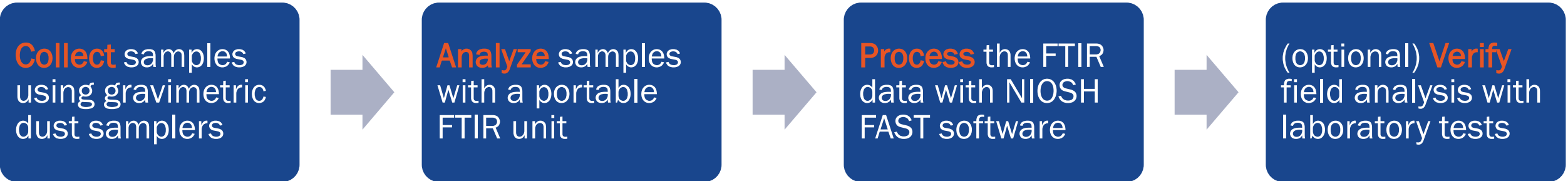
The Problem: Frequency of traditional quartz exposure monitoring in mining may not be sufficient to protect workers

- Compliance samples are collected once per quarter (coal)
- 95% of M/NM miners are not sampled in any given year.
- Results may take 1 to 2 weeks
- Mining conditions may change faster than results are available



The Solution: NIOSH has developed a rapid field-based quartz monitoring (RQM) approach using a portable FTIR analyzer

A 3 step process with optional lab verification



Field-based RQM quickly identifies quartz exposure in Coal Mines

Samples can be collected as:

- Personal or area samples
- Full shift or for a few hours
- With a variety of samplers

Allows user designed sampling campaigns

Provides immediate feedback

Available for coal mines as a self-assessment tool.

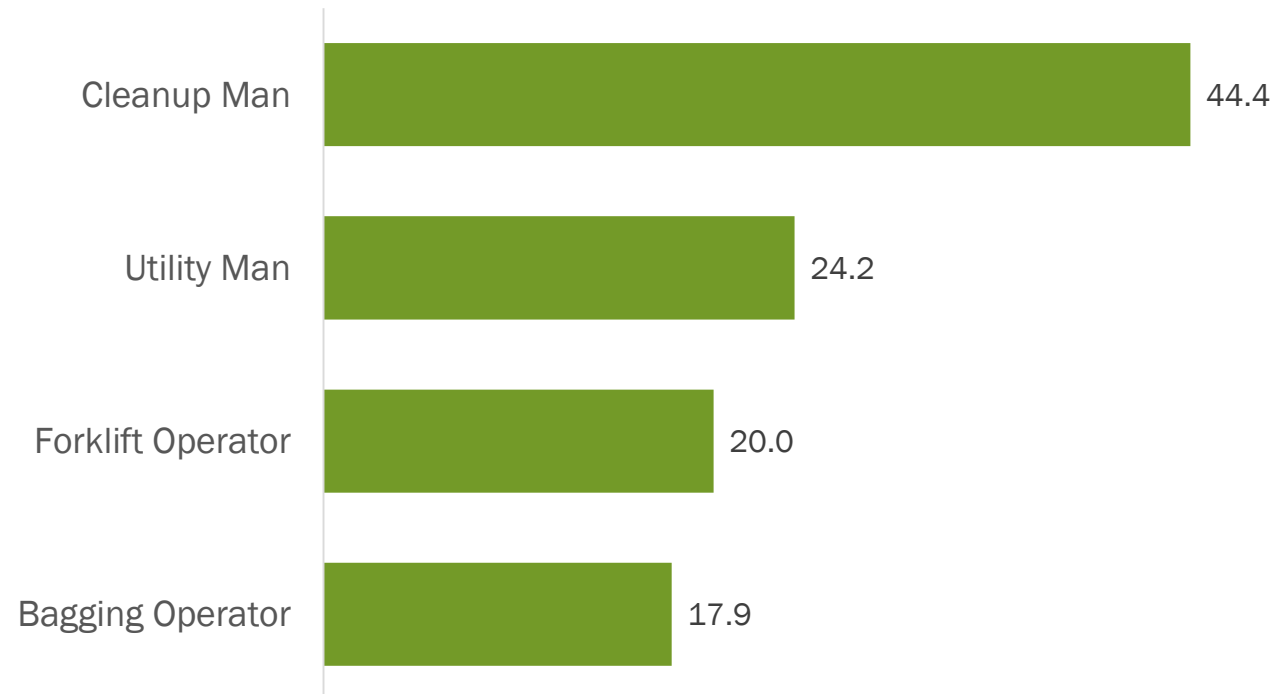
Developing for M/NM mines.



The Problem: Traditional exposure monitoring does not identify specific high exposure job tasks or worksite conditions

Percentages of respirable crystalline silica samples over the PEL

Nonmetal Mines



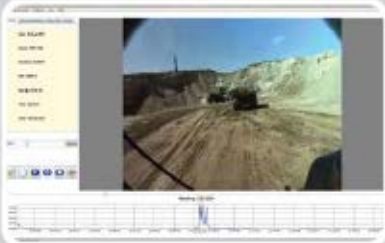



The Solution: Helmet-CAM and EVADE 2.1 identify source of noise, dust, DPM and other exposures




Helmet-CAM has been in the field for 5 years and has been used by 100's of M/NM miners

RI 9696
REPORT OF INVESTIGATIONS/2014

Guidelines for Performing a Helmet-CAM Respirable Dust Survey and Conducting Subsequent Analysis with the Enhanced Video Analysis of Dust Exposures (EVADE) Software



DEPARTMENT OF HEALTH AND HUMAN SERVICES
Centers for Disease Control and Prevention
National Institute for Occupational Safety and Health



- ### Notable Features
- M/NM
 - Mobile Workers
 - Inexpensive
 - Easy to Use
 - Compatible with many data-logging devices



Helmet-CAM identifies practical work practices that significantly reduce dust in the workplace.

 **Reduce your dust exposure**
Clean dust from work clothes

Did you know?
Using clothes cleaning technology throughout the workday can reduce your exposure to respirable dust by up to **88%**
Launder clothes post-shift, including sweatshirts and coats, and use leather (not cloth) gloves to avoid dust buildup



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Findings based on NIOSH field studies
To learn more, visit go.usa.gov/xR90U


 **Reduce your dust exposure**
Cover or replace cloth seats

Did you know?
Cloth chairs in mobile equipment, break rooms, and offices can hold **high levels of dust**
Use vinyl or leather seat covers or plastic chairs when possible




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National Institute for Occupational Safety and Health


Findings based on NIOSH field studies
To learn more, visit go.usa.gov/xR90U

 **Reduce your dust exposure**
Tying bulk or mini-bags


Did you know?
Folding bulk or mini-bag loading collars away from your breathing zone can reduce peaks in respirable dust exposure up to **92%**



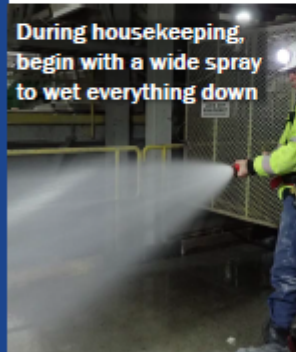
When tying, fold bag collars away from you

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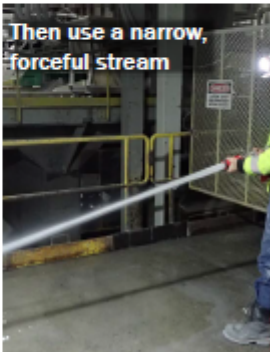
Findings based on NIOSH field studies
To learn more, visit go.usa.gov/xR90U

 **Reduce your dust exposure**
Spraying or hosing cleanup


Did you know?
Starting with a forceful stream of water during housekeeping (e.g., hosing down equipment, walls, beams, and the floor) can **elevate dust exposure**



During housekeeping, begin with a wide spray to wet everything down



Then use a narrow, forceful stream

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Findings based on NIOSH field studies
To learn more, visit go.usa.gov/xR90U

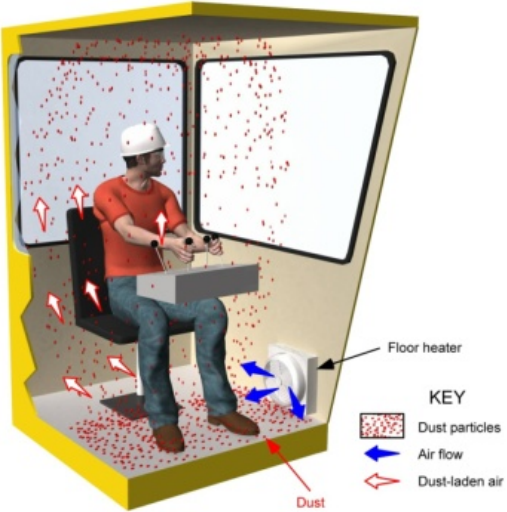
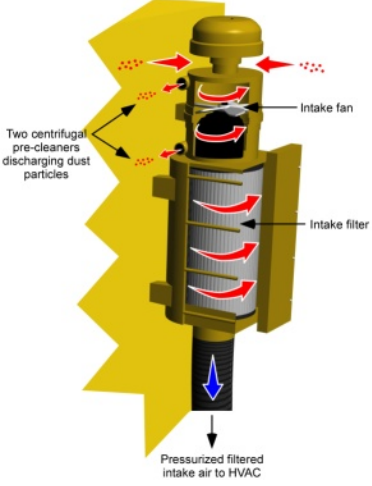
Helmet-CAM is used as a risk-management tool in M/NM mines

- raise worker awareness
- facilitate communication
- identify interventions to reduce exposure
- evaluate effectiveness of these interventions
- improve engagement

The Problem: Miners are exposed to elevated dust levels in enclosed cabs



The Solution: Cab Filtration and Pressurization Systems

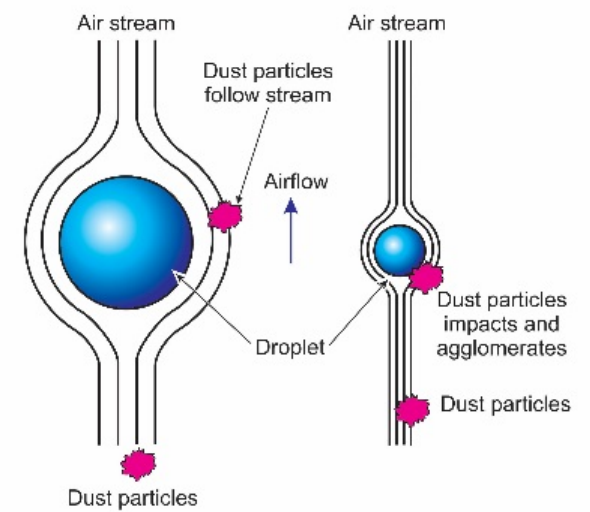
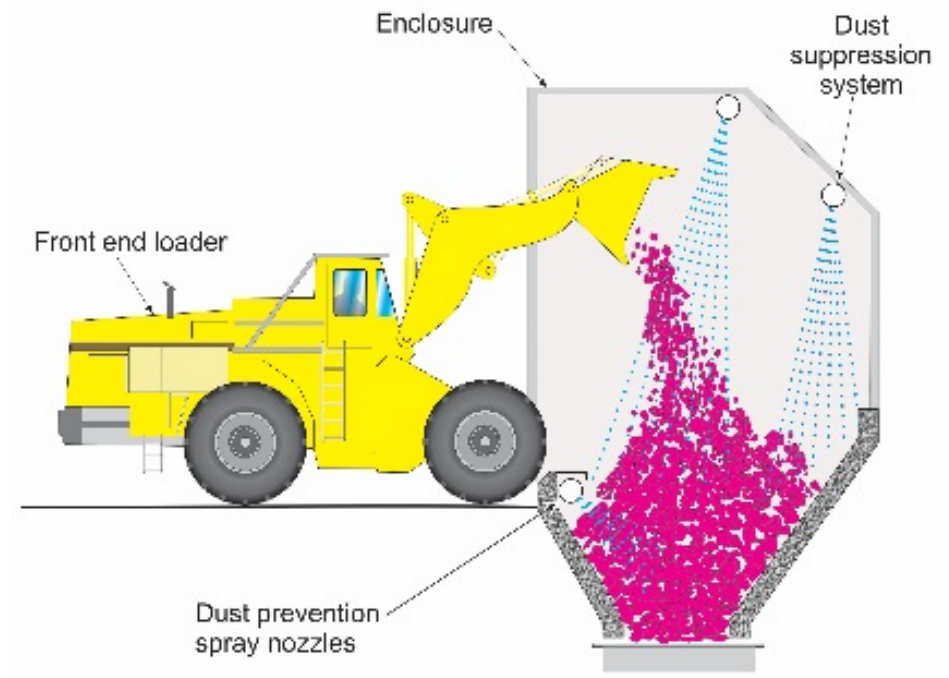
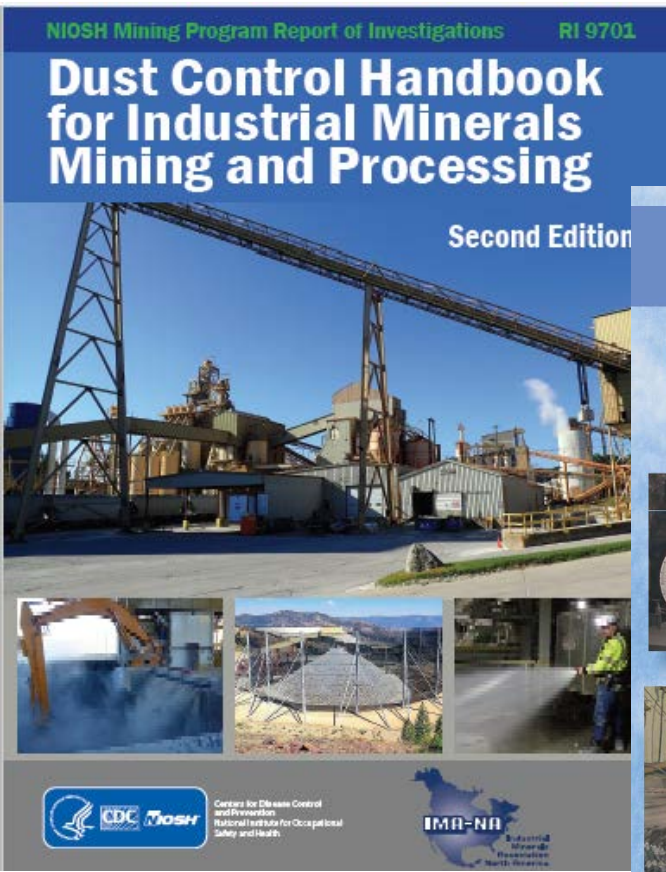


Cooperative Efforts with Cab Filtration Manufacturers, OEMs, Mining Companies, & Government Agencies

Dust suppression hopper technology reduces respirable dust by 88 %



The NIOSH Dust Control Handbooks are the primary reference for effective dust reduction strategies

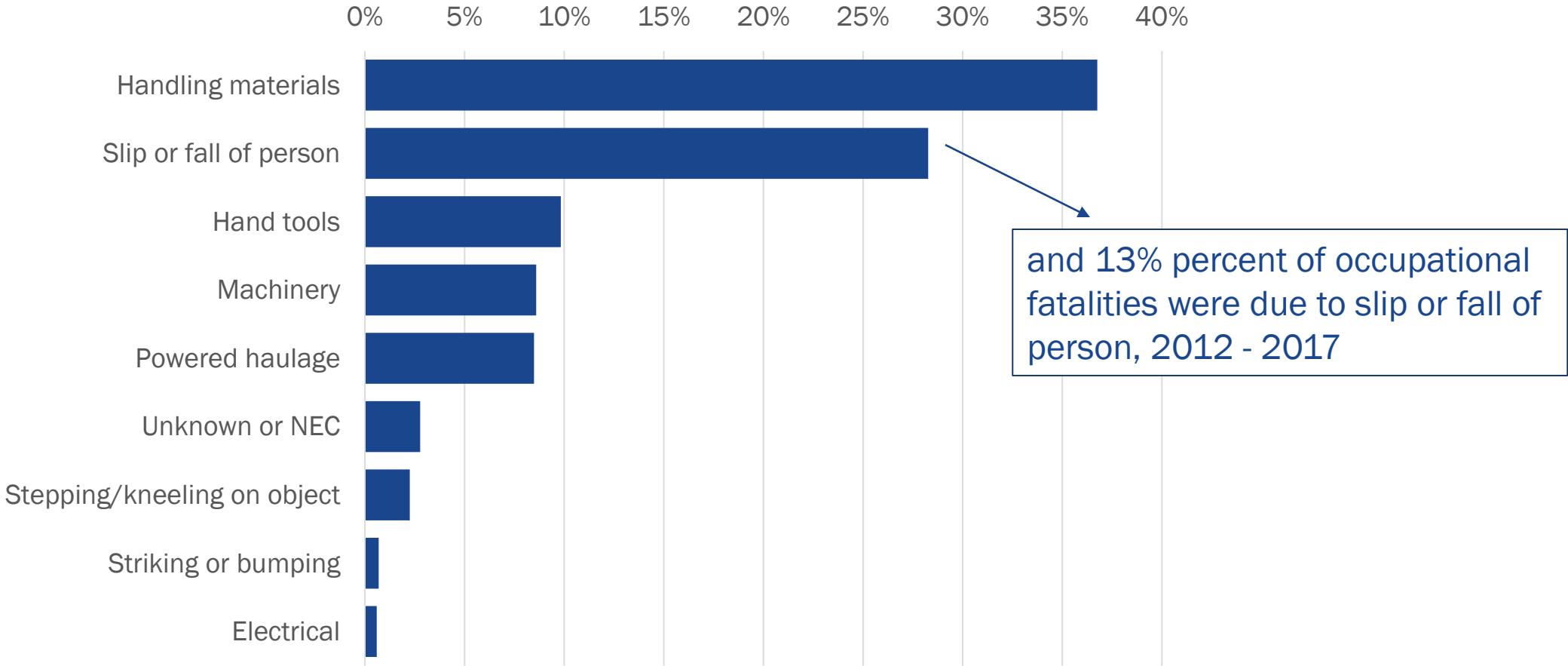


A close-up photograph of a metal diamond plate grating surface. The grating consists of a repeating pattern of interconnected diamond-shaped openings. The metal has a slightly reflective, silvery-grey finish. The perspective is from a slightly elevated angle, looking down at the surface. A semi-transparent grey rectangular box is overlaid in the center of the image, containing the text "Slips, Trips and Falls" in white, bold, sans-serif font.

Slips, Trips and Falls

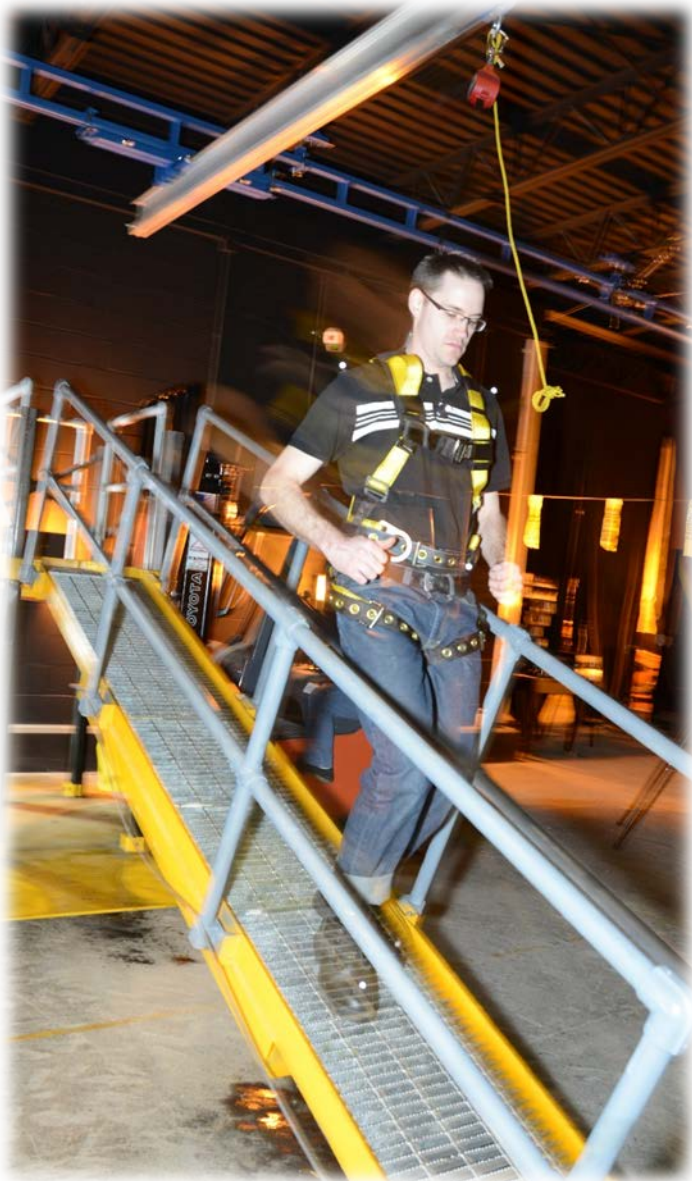
The Problem: Slips, trips & falls are a major contributor to miner injuries and fatalities

Percentage of nonfatal lost-time injuries by accident class at surface mining locations, 2012-2017



Data Source: MSHA

Solutions



Research



Get the Ladder Safety App

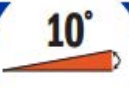


Learn more:
www.cdc.gov/niosh/topics/falls

Apps

Don't Slip Up!

Slips can occur on inclines as little as 10°. NIOSH mining research has shown diamond weave grating to provide the best slip protection.



Friction is your friend on inclined walkways.



Wear a tool backpack to avoid carrying tools in your hands.



Always maintain three points of contact.

SLOW



Choose diamond weave grating when possible.

When walking downhill, go slow.

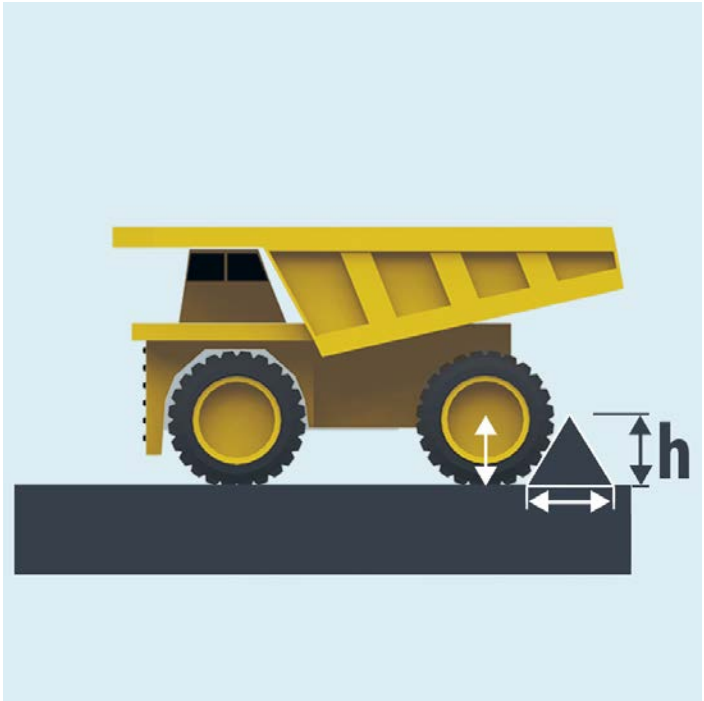
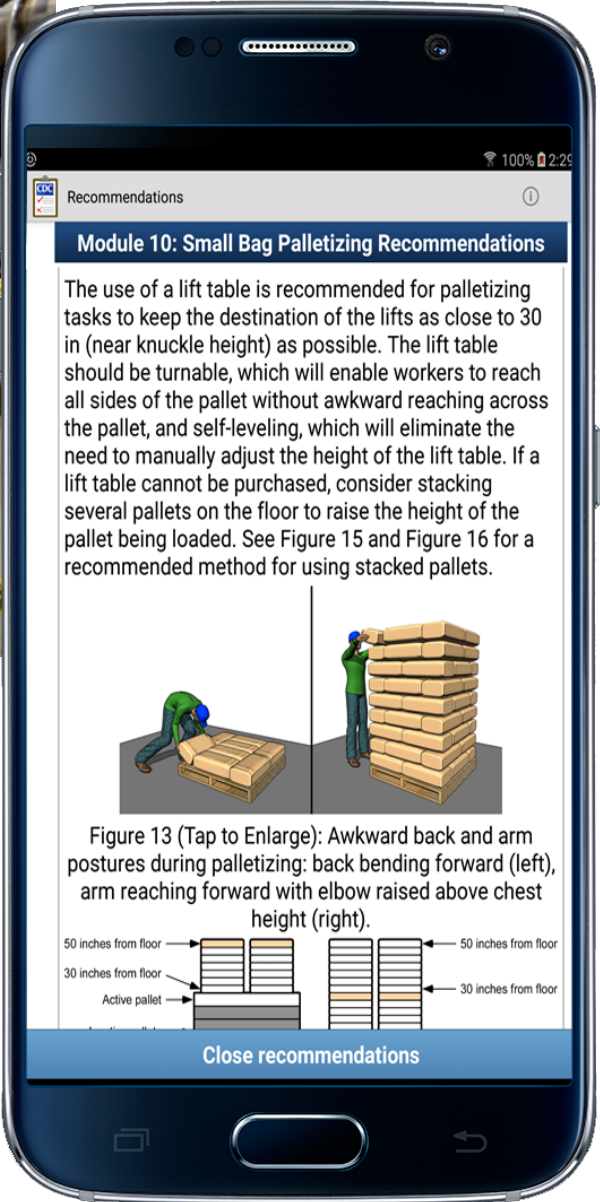
Use extra caution when ice, grease, water, or other debris is present.

To learn more visit www.cdc.gov/niosh/mining

To read the full research paper, please visit <http://go.usa.gov/x9MZc>

Fliers

ErgoMine mobile ergonomics audit tool brings safety audits to the site



Thank You!



QUESTIONS?



Safe mines - Healthy workers



Mining Program Review – June 5, 2019

