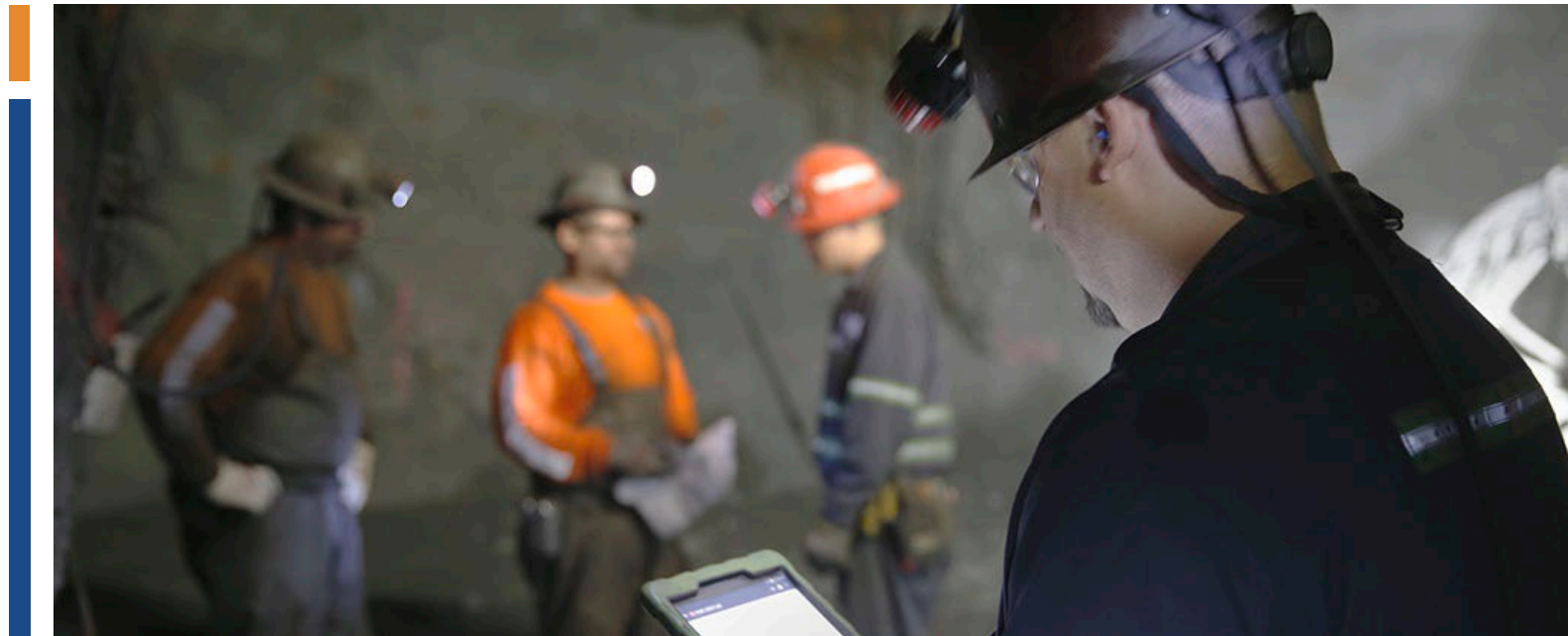


# HECLA SUICIDE AWARENESS / PREVENTION CAMPAIGN

Safety & Health Wellness

2022



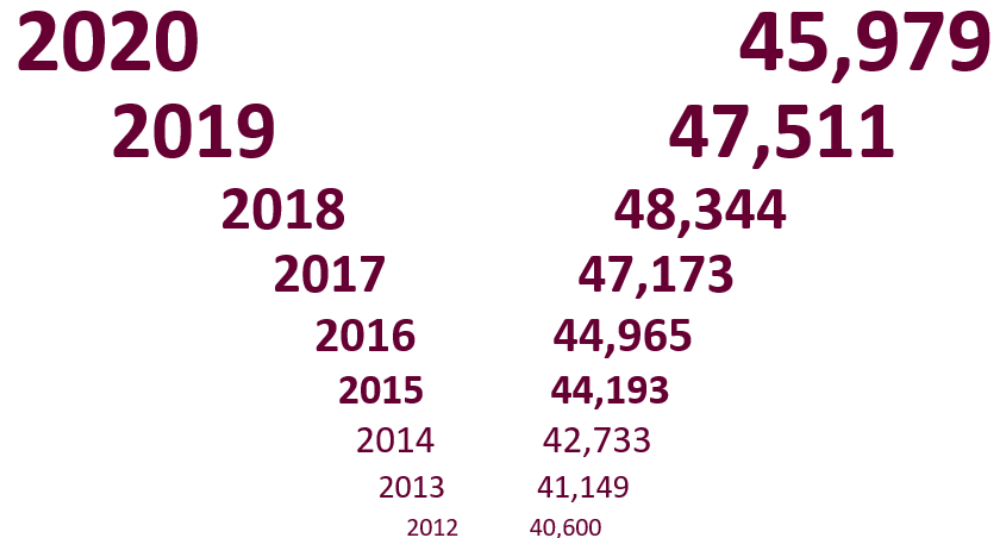
RESPONSIBLE. SAFE. INNOVATIVE.

# NATIONAL SUICIDE HISTORY

One suicide every 11 minutes or 126 suicides every day



46,000 deaths annually attributed to suicide



## National ranking and rate of suicide, 2020

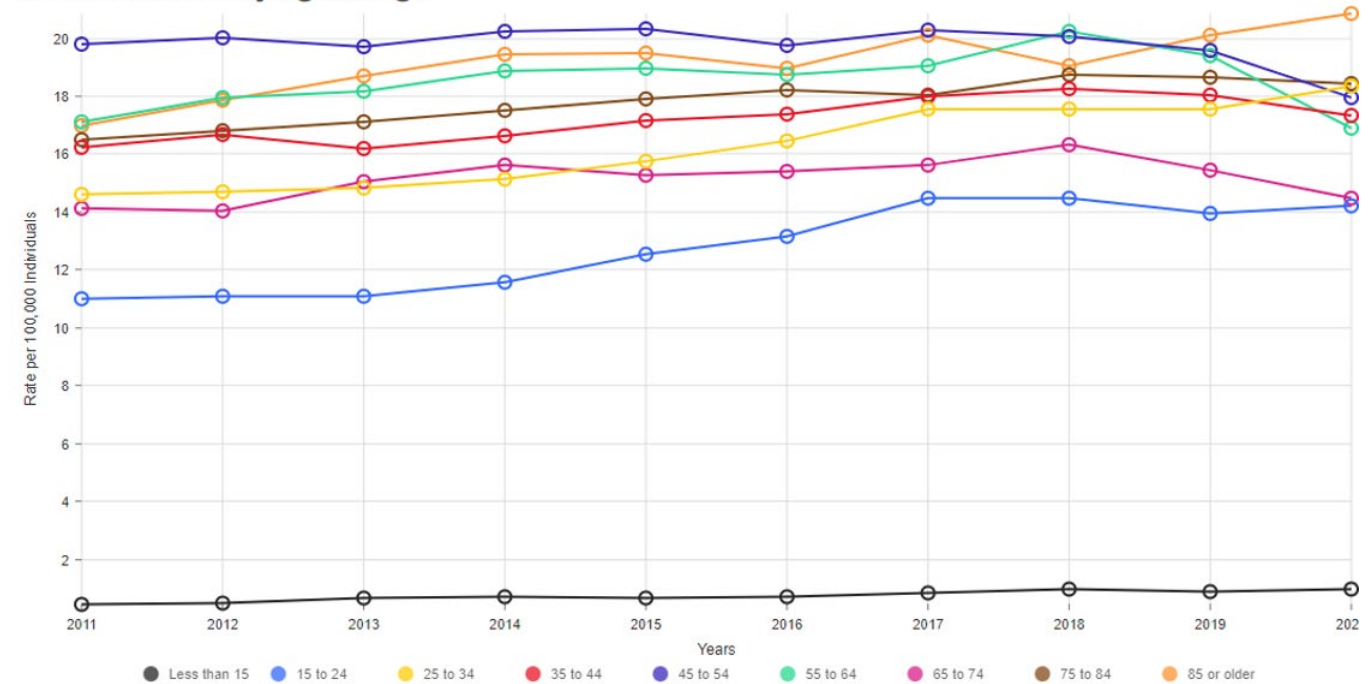
01 Wyoming	31.3	18 Kentucky	17.9	35 Mississippi	13.8
02 Alaska	27.9	19 Tennessee	17.7	37 North Carolina	13.6
03 Montana	27.8	20 North Dakota	17.8	38 Minnesota	13.4
04 New Mexico	24.5	21 Iowa	17.4	38 Texas	13.4
05 Idaho	22.9	22 Maine	17.3	40 Pennsylvania	13.3
06 Colorado	22.4	23 New Hampshire	17.1	41 Hawaii	13.1
07 Oklahoma	21.8	24 South Carolina	16.6	42 Delaware	12.6
08 South Dakota	20.8	25 Alabama	16.1	43 Illinois	10.8
09 Utah	20.0	26 Washington	15.8	44 California	10.5
10 West Virginia	19.8	27 Indiana	15.2	45 Connecticut	10.2
11 Oregon	19.6	28 Wisconsin	14.8	46 Maryland	9.7
12 Arkansas	19.2	29 Nebraska	14.6	47 Massachusetts	9.0
12 Nevada	19.2	30 Michigan	14.5	48 Rhode Island	8.9
14 Vermont	18.8	31 Florida	14.4	49 New York	8.5
15 Arizona	18.4	32 Ohio	14.1	50 New Jersey	7.6
16 Missouri	18.3	33 Virginia	14.0	51 Washington, DC	5.3
17 Kansas	18.2	34 Georgia	13.9		
		35 Louisiana	13.8		
<b>USA Total Rate 14.0</b>					

# NATIONAL SUICIDE HISTORY

## Facts about suicide in the U.S.

- The age-adjusted suicide rate in 2020 was 13.48 per 100,000 individuals
- The rate of suicide is highest in middle-aged white men
- In 2020, men died by suicide 3.88x more than women
- On average, there are 126 suicides per day
- White males accounted for 69.68% of suicide deaths in 2020
- In 2020, firearms accounted for 52.83% of all suicide deaths
- [93% of adults surveyed in the U.S. think suicide can be prevented](#)

Suicide rates by age range



# INDUSTRY - HECLA SUICIDE HISTORY

## Mining leads industries in suicide

### Industry

- Mining/Oil & Gas 54/100,000 workers
- Construction 45/100,000 workers
- Maintenance 39/100,000 workers
- Agriculture/Forestry 36/100,000 workers
- Transportation 30/100,000 workers

### Hecla

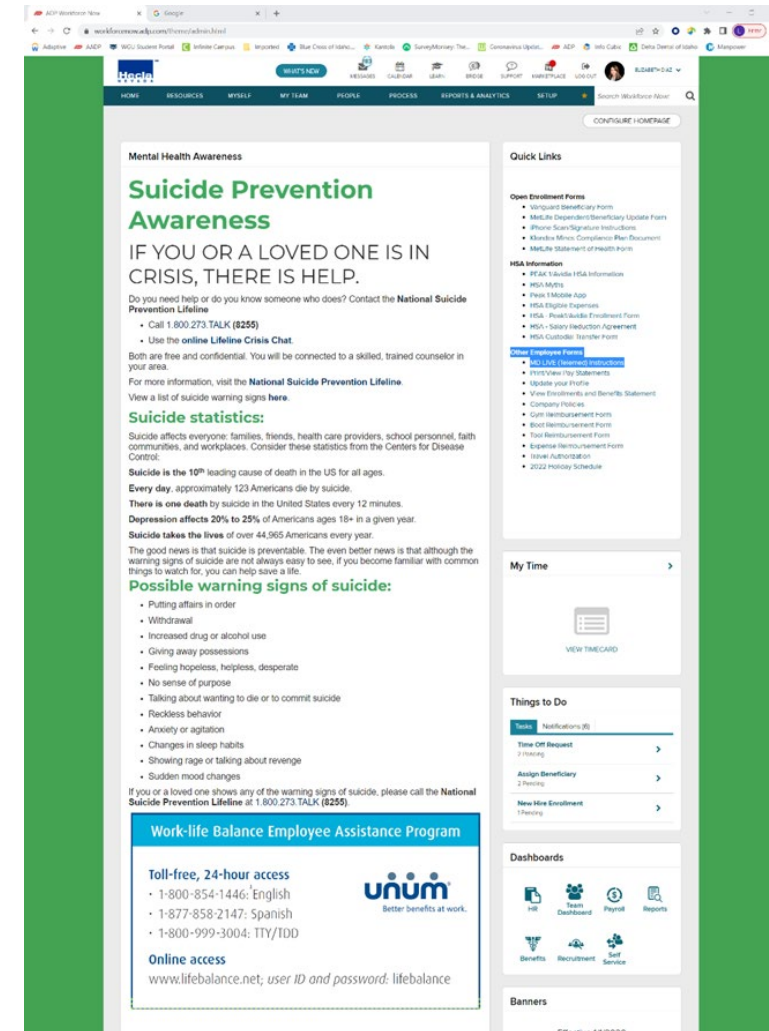
- 2022 3 employees (non-work related)  
3 employee family members
- Prior to 2022 1 employee/family member suicide every 5+ years



# HECLA SUICIDE AWARENESS/PREVENTION CAMPAIGN

## Hecla Operations and Offices to conduct suicide awareness/prevention campaign

- Use site media to share suicide awareness/prevention material
  - Site Hecla Wellness portal
  - Site Hecla Web portal
  - Information monitors
  - Information boards
  - Employee mailers and quarterly newsletter
- Source local suicide prevention agency to partner with
  - Speakers – presentations
  - Suicide awareness/prevention handouts
  - Local public events – run/walk events, public presentations, fund raiser events, and etc.



# HECLA SUICIDE AWARENESS/PREVENTION CAMPAIGN

## Hecla Operations and Offices to conduct suicide awareness/prevention campaign

- Hecla employee training in suicide statistics – local, state, and national
- Hecla employee training in (QPR) Question – Persuade – Refer techniques
  - Add suicide QPR techniques to the supervisory group lineout meetings each day as they do with D&A and fatigue monitoring
  - Include employee spouses and family members to attend



- Add suicide awareness/prevention to annual SH training modules
- Hecla employee assistance program (EAP) information
- Focused awareness campaigns annually in May for Mental Health Awareness Month